WHAT IS CLAIMED IS:

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- 1. A method for performing optical imaging or treatment of at least a first tissue in an animal, comprising providing into the blood associated with said at least a first tissue a biologically effective amount of a low-scattering, oxygen-carrying blood substitute, and applying an optical imaging or treatment step to said at least a first tissue.
- The method of claim 1, wherein said low-scattering, oxygen-carrying blood substitute is a substantially non-particulate hemoglobin solution.
- 3. The method of claim 2, wherein said hemoglobin solution is a substantially nonparticulate, homogeneous, acellular hemoglobin solution.
 - 4. The method of claim 2, wherein said hemoglobin solution comprises bovine, porcine, ovine or primate hemoglobin.
 - 5. The method of claim 2, wherein said hemoglobin solution comprises human hemoglobin.
 - 6. The method of claim 2, wherein said hemoglobin solution comprises recombinantly produced hemoglobin.
- 7. The method of claim 2, wherein said hemoglobin solution comprises crosslinked hemoglobin.

- 8. The method of claim 2, wherein said hemoglobin solution comprises polymerized hemoglobin.
- 5 9. The method of claim 2, wherein said hemoglobin solution comprises glutaraldehyde crosslinked, polymerized hemoglobin.
- 10. The method of claim 2, wherein said hemoglobin solution comprises surface modified hemoglobin.

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- 11. The method of claim 2, wherein said hemoglobin solution has a hemoglobin concentration of at least about 70% of the hemoglobin concentration of whole blood.
- 12. The method of claim 1, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue at least to about 10%.
- 13. The method of claim 12, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue at least to about 5%.
- 14. The method of claim 13, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue at least to about 4%.

- 15. The method of claim 14, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue at least to about 3%.
- 16. The method of claim 15, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue at least to about 2%.

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- 17. The method of claim 16, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue at least to about 1%.
- 18. The method of claim 1, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue to between 0 and about 10%.
- 19. The method of claim 18, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue to between 1 and about 5%.
- 20. The method of claim 1, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue to an amount effective to result in a half maximal or lower scattering coefficient as shown in FIG. 1B.

- 21. The method of claim 1, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the hematocrit of the blood associated with said at least a first tissue to an amount effective to result in a scattering coefficient of about half the scattering coefficient for whole blood or less.
- 22. The method of claim 1, wherein said low-scattering, oxygen-carrying blood substitute is a solution comprising at least a first oxygen carrier, and wherein the largest species in said solution has a size of about 6 nanometers.

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- 23. The method of claim 1, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the scattering coefficient of the blood associated with said at least a first tissue to about one half of the scattering coefficient of whole blood or less at a sample wavelength of between about 600 nm and about 1500 nm.
- 24. The method of claim 23, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the scattering coefficient of the blood associated with said at least a first tissue to about one tenth of the scattering coefficient of whole blood or less at a sample wavelength of between about 600 nm and about 1500 nm.
- 25. The method of claim 23, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the scattering coefficient of the blood associated with said at least a first tissue to about one half of the scattering coefficient of whole blood or less at a sample wavelength of about 600 nm.
- 26. The method of claim 25, wherein provision of said low-scattering, oxygen-carrying blood substitute reduces the scattering coefficient of the blood associated with said at least a first tissue to about one tenth of the scattering coefficient of whole blood or less at a sample wavelength of about 600 nm.

27. The method of claim 23, wherein provision of said low-scattering, oxygen-carrying blood substitute decreases the scattering coefficient of the blood associated with said at least a first tissue to a scattering coefficient of about 0.4 mm⁻¹ or less at about 1310 nm.

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- 28. The method of claim 27, wherein provision of said low-scattering, oxygen-carrying blood substitute decreases the scattering coefficient of the blood associated with said at least a first tissue to a scattering coefficient of about 0.3 mm⁻¹ or less at about 1310 nm.
- 29. The method of claim 28, wherein provision of said low-scattering, oxygen-carrying blood substitute decreases the scattering coefficient of the blood associated with said at least a first tissue to a scattering coefficient of about 0.2 mm⁻¹ at about 1310 nm.
- 30. The method of claim 1, wherein said low-scattering, oxygen-carrying blood substitute is a solution comprising at least a first oxygen carrier, and wherein the refractive index of said oxygen carrier is substantially equal to other molecular species in solution.
- 31. The method of claim 1, wherein said low-scattering, oxygen-carrying blood substitute has at least about 70% of the oxygen carrying capacity of whole blood.
- 32. The method of claim 1, wherein said optical imaging or treatment step applies light of a wavelength of between about 600 nm and about 1500 nm.
- 30 33. The method of claim 1, wherein an optical imaging step is performed on said at least a first tissue.

- 34. The method of claim 33, wherein said optical imaging step generates an image by light transmitting through said at least a first tissue.
- 5 35. The method of claim 33, wherein said optical imaging step generates an image by light reflected by said at least a first tissue.
- 36. The method of claim 33, wherein said optical imaging step is a spectroscopic imaging step.

- 37. The method of claim 36, wherein said spectroscopic imaging step is reflectance spectroscopy.
- 38. The method of claim 36, wherein said spectroscopic imaging step is fluorescence spectroscopy.
- 39. The method of claim 36, wherein said spectroscopic imaging step is resonance spectroscopy.
- 25 40. The method of claim 39, wherein said spectroscopic imaging step is Raman spectroscopy.
- The method of claim 33, wherein said optical imaging step is a photoacoustic imaging step.

- 42. The method of claim 33, wherein said optical imaging step is a non-linear harmonic imaging step.
- 5 43. The method of claim 33, wherein said optical imaging step is a photothermal imaging step.
- 44. The method of claim 33, wherein said optical imaging step is an optical coherence tomography (OCT) imaging step.

- 45. The method of claim 33, wherein said optical imaging step provides a spatial image of said at least a first tissue.
- 46. The method of claim 33, wherein said optical imaging step provides a temporal image of said at least a first tissue.
- 47. The method of claim 33, further comprising performing at least a first treatment based upon the image provided in said optical imaging step.
- 48. The method of claim 47, wherein said at least a first treatment comprises a surgical treatment step.
- 49. The method of claim 47, wherein said at least a first treatment comprises an optical treatment step.

- 50. The method of claim 1, wherein an optical treatment step is performed on said at least a first tissue.
- 5 51. The method of claim 50, wherein said optical treatment step is a laser ablation treatment step.
- 52. The method of claim 50, wherein said optical treatment step is a laser angioplasty treatment step.

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- 53. The method of claim 50, wherein said optical treatment step is a laser photothermolyis treatment step.
- 54. The method of claim 50, wherein said optical treatment step is a photoacoustic treatment step.
- 55. The method of claim 1, wherein said optical imaging or treatment step comprises a light refraction step.
- 25 56. The method of claim 1, wherein optical imaging and treatment steps are each performed on said at least a first tissue.
 - 57. The method of claim 1, wherein said at least a first tissue is neural tissue.
 - 58. The method of claim 1, wherein said at least a first tissue is brain tissue.

- 59. The method of claim 1, wherein said at least a first tissue is located within a highly perfused organ.
- 60. The method of claim 59, wherein said at least a first tissue is located within the kidney, lung, liver, spleen, brain, heart or one of the great vessels.
- 10 61. The method of claim 1, wherein said at least a first tissue is cardiovascular tissue.

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- 62. The method of claim 1, wherein said at least a first tissue is cardiac tissue.
- 63. The method of claim 1, wherein said at least a first tissue is a blood vessel.
- 64. The method of claim 63, wherein said optical imaging or treatment step is applied from the lumen of said blood vessel.
 - 65. The method of claim 63, wherein said blood vessel has or is suspected to have an atherosclerotic plaque or lesion.
 - 66. The method of claim 1, wherein said at least a first tissue comprises at least two tissue layers, and wherein at least a first of said tissue layers is associated with a substantial blood fraction.

- 67. The method of claim 66, wherein said at least a first tissue comprises a plurality of tissue layers, and wherein at least a first of said tissue layers is associated with a substantial blood fraction.
- 68. The method of claim 1, wherein said animal has, or is at risk for developing, a cardiac tissue or cardiac valve defect.

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- 10 69. The method of claim 1, wherein said animal has suffered, or is at risk for developing, a heart attack.
- 70. The method of claim 1, wherein said animal has, or is at risk for developing, an ischemic tissue.
 - 71. The method of claim 1, wherein said animal has suffered, or is at risk for developing, a stroke.
 - 72. The method of claim 1, wherein said animal has, or is at risk for developing, a vascularized tumor.
 - 73. The method of claim 1, wherein said animal is a mouse.
 - 74. The method of claim 1, wherein said animal is a human subject.

- 75. A method for optical coherence tomography imaging of a tissue in an animal that comprises a substantial blood fraction, comprising:
 - (a) introducing into said blood fraction of said tissue an amount of an essentially non-particulate hemoglobin solution effective to substantially reduce optical scattering from said blood fraction whilst substantially maintaining oxygenation in said tissue; and
 - (b) performing optical coherence tomography imaging of said tissue.
- 76. A kit comprising a low-scattering, oxygen-carrying blood substitute and instructions for using said blood substitute in an optical imaging or treatment method.
- 77. The kit of claim 76, wherein said instructions are written instructions.

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78. The kit of claim 76, wherein said instructions are computerized instructions.